

AWARD-WINNING AUTHOR, THERAPIST,
AND TRAUMA RESEARCHER

Michele DeMarco, PhD

*Transforming the way people heal from
trauma, loss, and “soul wounds.”*

Michele DeMarco, PhD, Rev. is an award-winning writer, speaker, and expert in the fields of psychology, trauma, health, and spirituality. She’s also a professionally trained therapist, clinical ethicist, and researcher who’s spent the last two decades on a “souljourney,” studying trauma generally, moral injury and moral distress specifically, and resilience. A three-time heart attack survivor, Michele has emerged as an intrepid voice and advocate for building moral resilience in the face of lost innocence and “soul wounds.”

Michele speaks on lost innocence and all things the human condition: psychology and mental health, spirituality and ethics, conflict transformation and resilience, and heart health and SCAD dissection.

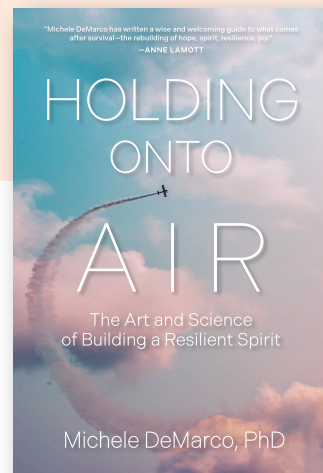
Her new book *Holding Onto Air: The Art and Science of Building a Resilient Spirit* is available from Berrett-Koehler. Michele’s *Psychology Today* blog “Soul Console: Healing from Moral Injury” has earned international attention. Her writing has appeared in national and international publications, including the *New York Times*, *POLITICO*, *The Boston Globe*, *The Daily News*, *Psychology Today*, *The War Horse*, and *Medium*, among others.

Michele is available for keynotes, professional workshops and trainings, conferences, public lectures, and book talks.

*We cannot recreate our lives going backward.
We can only reclaim our life moving forward.*

RECENT TOPICS

- Trauma, Transition, & Transformation
- Timeless Resilience for Epochal Times
- Cultivating Moral Resilience in a Culture of Compromise
- The Write Way to Heal: Transforming Emotional Pain and Reauthoring Your Life
- Soul Console and Spirit Wellness
- Moral Injury and Embodied Disclosure Therapy
- Transforming Conflict Well



Testimonials

Michele quickly became an expert upon whom I relied extensively to deliver important information about resilience, surviving adversity, coping with extreme stress, and finding new directions in life in order to improve health and vitality.

—Bloomberg Radio, WBNP

~

Without exception, when Michele spoke, you could hear a pin drop in the room. She managed to make a hotel ballroom room of 1500 people feel like an intimate gathering among friends.

—Patient Ombudsman Services at
Spaulding Rehabilitation Hospital

~

There is no exercise better for the human heart and soul than reaching down and lifting people up. This is what DeMarco does so well—through her knowledge and expertise, her perspective and insights, and her presence and compassion.

—Vice President,
Partners Healthcare

Bloomberg
RADIO



SPEAKING INQUIRIES: speaking@micheledemarco.com

micheledemarco.com

Michele DeMarco, PhD