

Courage Inventory



COURAGE IS ACTING WITH INTENTION AND PERSEVERANCE
IN THE FACE OF FEAR; IT'S DOING THE THING THAT IS HARD.

- C** **Cuiosity:** Desiring to know or learn more about something; exploring and understanding things better.
- O** **Openness:** Being receptive to anything new — ideas, opinions, people, experiences, or arguments.
- U** **Undeterred:** Staying focused and maintaining momentum, no matter the challenges and obstacles; taking mindful or intentional risks.
- R** **Resourcefulness:** Meeting new and difficult situations promptly, skillfully, creatively, and effectively.ness.
- A** **Authenticity:** Knowing who you are and acting in accordance with that truth and reality.
- G** **Grit:** Persevering in the face of challenge; having a firmness of mind and an indomitable spirit.
- E** **Ethics:** Having and living by a set of moral principles that inspire your actions or behavior.

